

Parent Café

Wednesday, July 22, 2026

Vaughn Library- Ashland

502 Main St W, Ashland, WI 54806

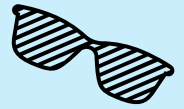
5-7 pm

Summer Self-Care: Staying Cool in a Time of Transition



5:00 pm: Dinner for the whole family

5:30-6:45pm: Café discussions and kids activities



Join us for our next Parent Café for families of children with disabilities. Parent Cafés are safe and supportive spaces for conversation with other parents. We explore strengths like resilience, support, relationships, and understanding our children, through honest, peer-led conversations. These sessions create space to reflect, connect, and feel less alone on the journey.

Contact us to RSVP or for more information:

Use the QR code to go to our website,
call us at 715-261-1906 or
email us at crcnorth@marathoncounty.gov.



Children's Resource Center-North

Guiding Wisconsin families of children and youth with special health care needs

What Happens at a Parent Café?

1

Enjoy a meal with family and community



2

Kids head over to supervised play area



3

Parents & Caregivers head to the Parent Café



4

Café Hosts introduce themselves and the café theme



5

Break into pairs to get to know another person



6

Have group conversations and share your parenting experiences



7

Conversations wrap up by sharing what you enjoyed



8

Write down a goal you want to achieve

